



Protective Factors: 40 Developmental Assets

While limited research is available about what helps protect youth against engaging in problem gambling behaviors, the Search Institute has studied 40 factors, called the “40 Developmental Assets,” that help young people grow into healthy, responsible adults while helping buffer them against engaging in problem behaviors. Some gambling prevention experts believe that youths are likely more protected from problem gambling if they have:

- Support (family, community, school)
- Positive outlook
- Realistic boundaries and expectations
- Internal control
- High self-esteem
- Constructive use of time/contributing
- Good problem solving skills

Learn More About Assets at the Search Institute website:

www.search-institute.org/assets

40 Developmental Assets and High-Risk Behaviors*

	0-10 Assets	11-20 Assets	21-30 Assets	31-40 Assets
Problem Alcohol Use	49%	27%	11%	3%
Violence	61%	38%	19%	7%
Illicit Drug Use	39%	18%	6%	1%
Sexual Activity	32%	21%	11%	3%
Gambling	30%	19%	11%	4%

*The information presented in this table is based upon surveys with over 217,000 6th to 12th grade youth in 318 communities and 33 states during the 1999-2000 school year. (Source: The Search Institute.) The more assets a person has, the less likely he or she is to engage in problem behaviors.

**For free confidential information and referral
regarding a gambling problem, call**

1.800.NEXT.STEP (1.800.639.8783) or

www.problemgambling.az.gov